

NIPPY ST+ Quick Reference Guide

Nippy ST+ may be used with:-

- ❖ Nasal Mask /
Nasal Pillows



Modes

CPAP (Continuous Positive Airway Pressure)

Pressure Support Spontaneous breathing supported by the ventilator. Back up in the absence of trigger.

Alarms

Power Fail

Low Internal Battery

Low External Battery

Low Pressure

High Pressure

**Breathing Circuit
Disconnect**

Apnoea Alarm

Max Breath Rate

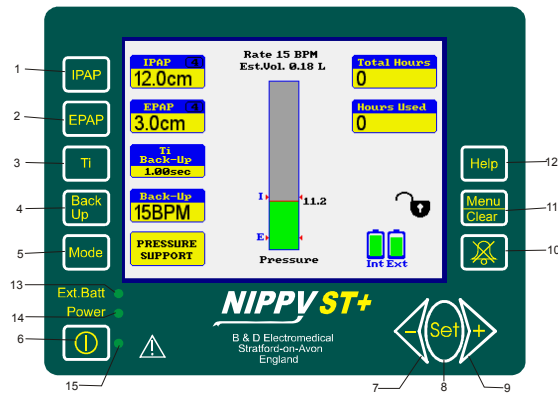
Fault




These alarms may be muted for approximately 2 minutes.

Low Internal Alarm/Memory Battery

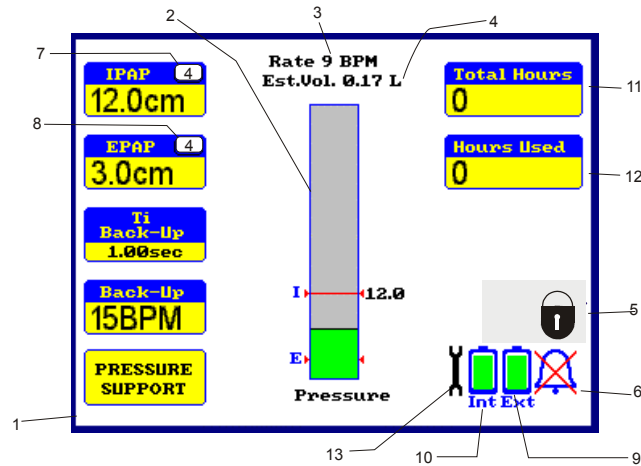
EXPLANATION OF CONTROLS

Fascia Buttons



- | | |
|--|--|
| <ol style="list-style-type: none"> 1. IPAP 2. EPAP 3. Ti 4. Back up 5. Mode 6.  7.  8. Set 9.  10. Mute 11. Menu 12. Help 13. Ext. Batt 14. Power 15. Start | <ul style="list-style-type: none"> - Inspiratory Positive Airway Pressure adjustment - Expiratory Positive Airway Pressure adjustment - Inspiratory time adjustment - Back-up Rate adjustment - Mode selection - Starts and Stops the ventilator - Decreases the selected parameter or moves the selection bar down the menu. - Selects the current menu function displayed by the selection bar. OR double press for battery run time and hours till next service. - Increases the selected parameter or moves the selection bar up the menu - Silences alarms for 2 minutes. Press and hold for 2 seconds to cancel mute. - Menu screen - Context sensitive help messages. - Indicates that ventilator is running on internal or external battery power. - External power is connected. - Indicates that the ventilator is running. |
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Fascia Display



- | | |
|----------------------------------|--|
| 1. Mode | - Current mode of ventilation. |
| 2. Pressure Display | - Indicates airway pressure |
| 3. Rate Display | - Indicates patient breath rate |
| 4. Volume Display | - Indicates estimated inspiratory tidal volume |
| 5. Settings locked symbol | - Shows that the settings are locked. |
| 6. Alarm Muted symbol | - Audible alarm has been temporarily silenced. |
| 7. I Trigger indicator | - "Flashes" each time the inspiratory cycle is initiated by the patient. |
| 8. E trigger indicator | - "Flashes" each time the expiratory cycle is initiated by the patient. |
| 9. External battery | - Indicates external battery state of charge, when connected. |
| 10. Internal battery | - Indicates internal battery state of charge |
| 11. Total Hours | - Shows total machine running time. Used to determine service intervals |
| 12. Hours Used | - Shows total hours of use. (Compliance Hours) |
| 13. Service Reminder | - Major service due |

Getting Started

To Switch On

Press the Start/Stop button.

To Switch Off

Press the Start/Stop button. The “Switch Ventilator Off” message will appear onscreen. Press the Start/Stop button again after 2 seconds. There must be a delay of 2 seconds before each push, to prevent accidental operation.

How to adjust the Nippy ST+

Select the desired parameter with the relevant button.

The reading adjacent to the button will be highlighted by a purple flashing box.

Alter it with the ◀- or +▶ buttons.

When you have finished, move on to the next adjustment or wait a couple of seconds for the flashing box to disappear.

How to use the on-screen menu

Press the MENU button. The menu window will be displayed in front of the main screen.

Move the selection bar up or down the menu with the ◀- or +▶ buttons to highlight the desired function and press the SET button.

Follow the on-screen instruction at the bottom of the window

Press MENU at any time to exit and return to the main screen.

How to use the On-screen Help

Press the HELP button at any time for a list of help topics. Follow the simple on-screen instructions.

Press HELP again to exit.

If during setting up, you require a description of a particular parameter, select it then press HELP. Press HELP again to clear.

Using Help with settings locked.

When the settings have been locked, help is limited to a list of more common problems that may arise during use and advice on how to deal with them.

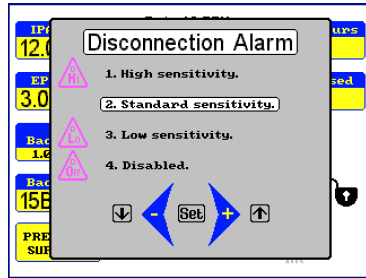
SETTING UP THE NIPPY ST+

Refer to the user manual for detailed set up instructions

Setting Up the Alarms

Disconnection Alarm

The disconnection alarm acts as a back up to the high flow alarm. There are three different sensitivity levels or it may be disabled if not required.



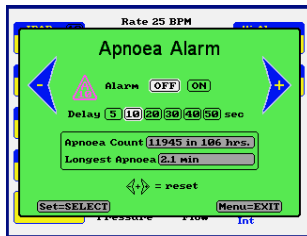
High Sensitivity – Useful for very restrictive breathing circuits or small tracheotomy tubes.

Standard Sensitivity – Default level. Used for almost all patients.

Low Sensitivity – Useful where mask leaks cause nuisance disconnect alarms. Verify that patient is properly ventilated during these periods before using the Low setting.

Disabled – Disconnect alarm is switched off. **There is no means of warning of breathing circuit disconnection.** Only use this setting if patient safety is not compromised by breathing circuit disconnection.

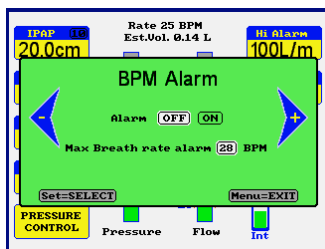
Apnoea alarm



Select USER PREFERENCES from the main menu. From the OPTIONS MENU, select APNOEA ALARM. To activate the apnoea alarm, select ON and select the required delay. The total number of apnoeas during the last seven days or since reset, will be displayed along with the time duration of the longest single apnoea. Press + and – together to reset the apnoea count.

An apnoea is defined as a cessation of spontaneous breathing for the set time delay. Ventilation will continue at the backup rate during apnoea events.

Max Breath Rate Alarm



The max rate alarm will be activated if the patients breath rate exceeds the set level. Select USER PREFERENCES from the main menu. From the OPTIONS MENU, select RATE ALARM. To activate the rate alarm, select ON and set the required max rate.

Testing the Alarms

Refer to the user manual for detailed information.

Disconnect Alarm - Disconnect the breathing circuit at the patient outlet port. The disconnect alarm will be activated after a delay of 10 seconds.

Sigh.

The ventilator can be programmed to deliver an occasional sigh with a larger tidal volume. This prevents collapse of the alveoli (atelectasis) which can result from the patient constantly inspiring the same volume of gas. Sigh is available in all modes except CPAP.

The Sigh function provides a timed inspiration at the IPAP and TI settings specified in the Sigh Settings screen.

Sigh may be set for cyclic operation, sigh breath at the specified interval or an external switch (Manual mode). Or a combination of both, where the cyclic sigh may be supplemented by extra sigh breaths on demand.

Setting the Sigh function


Press MENU and select USER PREFERENCES. In the User preferences screen select SIGH SETTINGS.



Use the SET button to scroll down the settings, using the +/- buttons to alter the settings.

Sigh Interval sets frequency of cyclic sigh

Ext Trig = manual switched sigh

Symbol  shows Manual Sigh function is enabled.

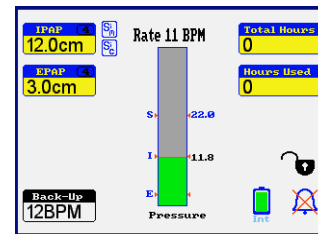
Symbol  shows Cyclic Sigh function is enabled.

Blue Symbol = Sigh mode enabled.

Green Symbol = External sigh trigger acknowledged.

Purple Symbol = Sigh breath activated.

Sigh breath pressure (S) is indicated on the pressure bargraph display.



Note: If the ventilator IPAP is adjusted after the sigh has been set up, this may affect the sigh setting.

If the IPAP is reduced the sigh will be reduced by the same amount, to maintain the difference between IPAP and Sigh. This can be overridden in the Sigh Settings screen.

If IPAP is increased to a value equal to the sigh setting, the sigh value will “track” the IPAP. This effectively makes IPAP and Sigh the same. This is done to prevent accidental increase of the sigh breath. The sigh will need to be reset in the Sigh Settings screen. Sigh is cancelled when Mode is changed.

The IPAP during Sigh cannot be lower than normal IPAP.

Regardless of the back up rate, a sigh breath is timed with an IE ratio of 1:2. This does not affect triggering.

Disconnect alarm is suspended during Sigh.

No more than 5 consecutive sigh breaths are allowed.

Running the Nippy ST+ on Battery Power

Refer to user manual for detailed description / instructions.

When connected to mains, the ventilator will recharge its own internal and/or external battery. *Leave connected to the mains supply in between periods of use to keep the batteries charged or to recharge ready for the next use or to recover a deeply discharged battery.*

The ventilator will select its power source, in the following sequence:-

1. – Mains Electricity
2. - External Battery (if connected)
3. – Internal Battery (if fitted)

Battery icons

The battery icons on the main screen indicate a number of things relating to the batteries:-

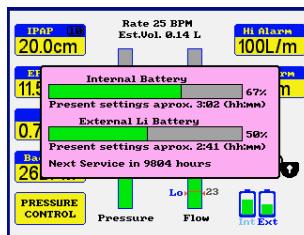
INT icon shows that an internal battery is fitted. INT will flash when running on internal battery. The green bottom section indicates the amount of charge remaining. A flashing yellow top section indicates that the external battery is charging.

EXT icon shows that the recommended external battery is connected. EXT will flash when running on external battery. The green bottom section indicates the amount of charge remaining. A flashing yellow top section indicates that the external battery is charging.

EXT icon with a black fill shows that an alternative external battery is connected. The state of charge cannot be displayed. *The ventilator cannot charge this type of battery.*

Run Time Indication

To check remaining run time, double press the SET button whilst running on battery power. The screen will show an estimate of running time based on the current state of charge and settings.



Low Battery Alarm

When the battery is depleted an alarm will sound, accompanied by an on screen message, "Battery Power Running Low"

When battery power reaches a critical level, the alarm will change to a continuous tone and the on-screen message will change to "Battery Power Exhausted. About to switch off. Connect to Mains Power Now"

After auto power off, the alarm will continue until the Mute is pressed.